

*Year 7 ALR  
Extended  
Learning  
Menus*

**Bon Appétit!**

# Arabic Extended Learning Menu Y7 2021-22

... choose what you want & when you want! Choose your challenge level! Complete all Menus for your Extended learning Badge!

## Starters Menu

1. Self-introduction: Introduce your name, age, nationality, where you study and where you live. 
2. Outline six pets and explain which one you prefer and why. Use opinions/expressions.  
3. Outline six household chores you are able to do. Choose the one you prefer and the one you dislike, giving a reason using opinions/expressions. 
4. Outline six important places in the city and what they are used for. Which one do you prefer to go to and why? Use opinions/expressions. 

### How are you learning here?

You are using skills of knowledge and expression of views and opinions through communication (speaking).

## Main Dish Menu

1. You are applying to a secondary school. Send them a letter to convince them why they should accept your application. Include your personal details. (30-50)
2. Write a piece of writing (40-60 words) including your personal information, your hobbies, what you are studying now and what will your job be in the future. Use opinions/expressions for likes, dislikes and preferences.
3. Write a paragraph (50-70 words) about your city or town. What are the facilities available and which ones are more interesting to you? Give a reason using opinions/expressions.

### How are you learning here?

You are learning to apply the knowledge and understanding through writing and presentation.

## Desserts Menu

1. Record a two to three minutes talk about yourself, including: your personal information, your current occupation, likes and dislikes and what will be your future career.
2. Create a poster of a city/town in the Arab world. Draw various amenities (cinema, post office, theatre, sports centres etc.) and name them with a short explanation for each one.
3. Search for an Arabic newspaper (or online) article about a famous Arab personality's biography.

### How are you learning here?

You are learning skills of creating and applying knowledge and understanding in your daily life. Also, you learn how to be more practical (Speaking) and expand your knowledge in Arabic Language.

# ART/PSHE : Extended Learning Menu 2021 (Year 7)

## LIGHT BITES

Option 1:  
Create a fact sheet about a style of Art.

Option 2:  
List 5 reasons why it is important to understand about voting.

Option 3:  
Find a video explaining what racism is. Why might it be hard to define??

## Specials

Find an example of Islamic Art – what are some of the key features of Islamic Art that you can note.

Don't be a  
**CHICKEN**



**BURGER  
LOVERS**



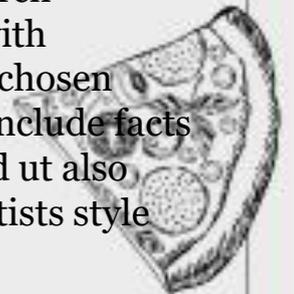
## HOMESCHOOL Menu

## MAINS

Option 1:  
Create a leaflet about how to be a 'Good British Citizen' in the community.

Option 2:  
Create a PowerPoint presentation to teach your peers about a topic of your choice. You should include a starter, main and plenary.

Option 3:  
Project: Artist Research  
Create an A3 piece with information about a chosen Artist – you should include facts about the Artist but also include where the artist's style comes from.



## SIDES

Read the News and write down 5 interesting things that happened this week.

## DESSERTS

Use the Gov.uk website to research crime in your local area. Create a poster with graphs of your findings.

## EXTRAS

Use Pinterest to explore ideas and new techniques.

# Menu

YEAR 7  
EXTENDED CS  
MENU

## Starters:

1) State what the term 'bullying' means and give at least 2 examples?

2) State what the term 'cyberbullying' means and give at least 2 examples.

3) What is the difference between Cyberbullying and Bullying and what do you do if you witness bullying or Cyberbullying incident.

## Mains:

1) Explain the Potential Effects of Cyberbullying and give advice a student who experienced bullying.

2) Create a poster using PowerPoint to advise new computer users on how to improve their file handling habits such as creating a folder, renaming a file, moving files to a different folder, putting files in a zip file and backing up files. Each task should make up one slide of your PowerPoint. Use screenshots to show how to do each task.

3) **Note:** You can only do this task if you have already completed the task above - Add five more slides to your PowerPoint Poster advising new computer users on how to improve their file handling habits using CLI (command line interface).

## Desserts:

1) Evaluate quality of websites. Go to <http://digg.com> or [www.reddit.com](http://www.reddit.com). These are aggregator sites, which collect together interesting web pages from around the world that have been submitted by members. Choose five featured web pages and evaluate their quality.

2) Create a blog, write two articles one can be whatever topic your like but must be appropriate. Ask if you are not sure. The other must be about what a blog is and how to set up a free blog. Make sure you include an image in your article. You can only use this free education blog website: <https://edublogs.org>

**DO NOT POST ANY PERSONAL INFORMATION THAT WOULD IDENTIFY YOU OR YOUR FAMILY.**

Knowledge  
Comprehension

Application

Create

# Year 7 Take Away Homework



Each week you must choose one take away item for homework. The chili rating suggests the difficulty of the task, or the challenge it might offer. You cannot choose all the same strength of task every week. Try at least one 'Extra Hot' task during the half term!

<p>Write a poem or song which summarises the topic we have studied recently.</p> <p><i>Make it informative but catchy and remember to include key terms...</i></p>	<p>Write a formal letter to an institution explaining the topic we have studied recently.</p> <p><i>Use a letter layout, remember key terms and use persuasive language to explain key issues...</i></p>	<p>Write a newspaper article relevant to the topic we are studying.</p> <p><i>Include specific, accurate facts with good English. You should include quotes and images...</i></p>
<p>Create a leaflet which summarises the topic we have studied recently.</p> <p><i>Use key terms, make it informative and eye catching...</i></p>	<p>Create a factsheet summarising the topic, but also add additional research and facts.</p> <p><i>Use correct terminology and use the internet to include extra facts (no copy &amp; paste!)</i></p>	<p>Create a comic strip to explain a new process we have learned or to summarise a topic.</p> <p><i>Use pictures and key words to explain the process in a clear way...</i></p>
<p>Create a poster summarising today's lesson/topic we have been studying recently.</p> <p><i>Use key terms, make it informative and eye catching...</i></p>	<p>Create a flow diagram/chart to explain a new process we have learnt.</p> <p><i>Use pictures and key words to explain the process clearly...</i></p>	<p>Create 10-15 challenging quiz questions about what we have covered so far in this topic.</p> <p><i>Write the questions with correct answers separate to test a peer...</i></p>
<p>Create a mind map summarising today's lesson/topic we have been studying recently.</p> <p><i>Use key terms, make it informative and eye catching...</i></p>	<p>Identify key terms we've used in this topic and write a dictionary.</p> <p><i>Find the definitions of key words and write a glossary to help you to learn spellings...</i></p>	<p>Write 3 Tweets that could summarise the lesson/topic.</p> <p><i>No more than 140 characters; use #'s for key words and they must be informative...</i></p>

# Menu

Year 7

Extended  
Geography Menu



## Starters:

1) Choose a country in Asia and write down 10 facts about that country.



2) Speak to someone who was born outside of the UK. Ask them to compare life where they were born to living here in the UK. Write a short account of their experience.



3) Choose a language (other than English) spoken in Europe. Learn 10 words from this language. Can you write a sentence in this language?

## Mains:

1) Create a poster on the importance of recycling. It must include the damage created to the environment if we don't recycle.

2) Create a news article on any recent natural disaster that has occurred (e.g., earthquake, flood, etc.). Remember to include the damage caused to people and surrounding areas.

3) Take a picture of some sort of scenery. Describe the different human and physical features in this picture (remembering to use keywords learnt in lessons).

4) Investigate why people move to London. Write a paragraph on the advantages and disadvantages of living in London.

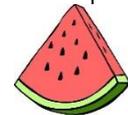


## Desserts:

1) Produce a poster about key sites and attractions in Kenya. Include historical sites, fun places to visit and any other iconic scenery.

2) Write a letter to the government about pollution. Include the disadvantages to the environment and what people could do to better the environment.

3) Create a piece of artwork on how the water cycle works. Be creative in how you present your piece of work.



Knowledge

Comprehension

Application

# Menu

Year 7

Extended  
History Menu



## Starters:

1) Choose an Anglo-Saxon monarch and write down 10 facts about their rule.



2) Speak to someone who was born before the 1980's. Ask them to compare life where they were born to living here in the UK. Write a short account of their experience.



3) Choose a battle in medieval history that we have not studied yet. Learn 20 facts about this battle. Can you write a summary of it, without looking at your notes?

## Mains:

1) Create a poster on the important qualities that a medieval ruler must have. It must include the characteristics you want, with historical examples.

2) Create a newspaper article on the Battle of Hastings. Remember to include the main causes and impacts.

3) Take a picture of a historical artefact in a museum. Describe the different uses of this artefact (remembering to use keywords learnt in lessons).

4) Investigate what impact the normal conquest had on Britain. Decide whether you want to put your findings into a brochure or a newspaper article, or, in art-form.

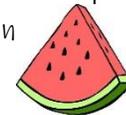


## Desserts:

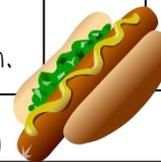
1) Produce a leaflet about key Norman castles in Britain. Include historical sites, fun places to visit and any other iconic scenery.



2) Write a speech to the government about protecting historical castles in Britain. Include the reasons why they should be invested in and what initiatives the government could do to get more tourists visiting them.



3) Create a piece of artwork on the medieval monarchs. Be creative in how you present your piece of work.



Knowledge

Comprehension

Application

# Islamic Studies Extended Learning Menu Y7 2021-22

... choose what you want & when you want! Choose your challenge level! Complete all Menus for your Extended learning Badge!

## Starters Menu

1. Relate in detail, the story of Haleemah Sa'diyah's journey with her family to Makkah, until she eventually returns the baby to his mother, thinking that he may be harmed. Your work should be a minimum of 1 A4 page. You must show external research. Ensure excellent SPAG.
2. Compare the life of today to the life in Makkah before Islaam. List 15 similarities and 15 differences. Ensure excellent SPAG.
3. Identify the duties of taking care of our parents. Provide evidence from Qur'aan and Hadeeth on the virtues of this noble duty. Your work should be a minimum of 1 A4 page. Ensure excellent SPAG.
4. Memorise the duas before, during and after wudhu. Recite them to your Islamic Studies teacher. Now make a poster of the duas with their translations.

### How are you learning here?

You are using skills of knowledge and comprehension. These are basic skills which we must all practice. Before we can fully understand something, we must first have knowledge of it.

## Main Dish Menu

1. Create a leaflet on Ghusl. Your leaflet should be neat, colourful and decorated, and should include ALL aspects of Ghusl. Ensure excellent SPAG.
2. Write a detailed essay on the Battle of Uhud. Your work should be a minimum of 2 A4 pages. Your essay should be neat, colourful and decorated. Ensure excellent SPAG.
3. Create a chart on A4 size paper on the 5 daily Salaah. Your chart should include their beginning and ending times (with regards to the sun), the amount of Rakaa'ahs, any optional salaahs before or after each salaah. Your chart should be neat, colorful and decorated.

### How are you learning here?

You are learning and practising skills of applying previously acquired knowledge and understanding.

## Desserts Menu

1. Construct a model of the Ka'bah. Your model must be neat and as close to real as possible. It should be at least 20cm in height.
2. Write out a Spoken Word piece of poetry charity in Islaam. Practice it until you are perfect. It must be at least 1 minute long but not longer than 3 minutes. Ask your Islamic Studies teacher if you can perform it. If they think you have done a good job, they will give you a merit.
3. Record a video of yourself reciting and translating each verse of Surah Falaq & Naas. Thereafter, give a brief explanation of both the surahs and why they were revealed. Email this to your Islamic Studies teacher.

### How are you learning here?

You are learning skills of creating and actualisation. This is when you put all your prior learning to use in one final push for the summit. You show your resilience, determination, and creativity at this point. You are developing yourself into an independent learner.



## Choose your homework from the menu below:

The Peri-ometer suggests the difficulty or challenge the homework may offer. Every half term you should attempt at least one 'HOT or EXTRA HOT' task!

Year 7 Autumn term

2



Four operations	Fractions, decimals, percentages and ratio	Negative numbers
How would changing the base system affect our calculations with the four operations? <i>Write a report showing the approaches and differences you have found. How would teaching methods change if the government brought back 'old money'?</i>	Use the concept of multipliers to investigate real-life situations. <i>What compound % rate would allow an investment to double over 7 years? Will the UK's population ever reach 100 million people? When will sustainable resources run out? etc.</i>	What would happen if negative numbers did not exist? <i>Think about a situation that relies on negative numbers and come up with an alternative solution: temperature, history, stock markets, polarity, gravity etc. **How would graphs look?*</i>
Change the rules for BIDMAS. Create your own order of operations and compare the effects. <i>Which changes would make the smallest or biggest difference? Got a new name?</i>	Explore $\frac{a}{b}$ where $a$ & $b$ are integers. Can you categorise your results? <i>Try some on your calculator. Don't forget to record what you are doing!</i>	Explore the conditions that satisfy the following statements: $a$ & $b$ are integers (1) $a + b < 0$ (2) $a - b < 0$ (3) $ab < 0$ (4) $\frac{a}{b} < 0$
Research how different countries and cultures have calculated using the four operations. <i>Write a report explaining the process, with examples. Would you recommend this method?</i>	Investigate using different ratios. Record evidence of the effects. <i>Change the ratio of colours in Art. What happens with recipes? What about photo aspects?</i>	Imagine visiting a feeder school ready to teach negative numbers to Year 2. <i>Can you produce any resources to help spark interest and inspire? What visual aids would you use?</i>
<i>Give a member of your family one of the inquiry prompt questions. Record the process and write down the outcomes of your discussion</i>	Find examples of fractions, decimals and percentages in newspapers. Cut them out & make a collage. <i>Can you completely fill an A4 sheet?</i>	Investigate which countries have the biggest range of temperatures. <i>How could you represent this creatively</i>

# Menu

Year 7

Extended PE  
Menu



## Starters:

1) Write 5 key terms from a sport of your choice.

2) Find a sports article and write down 5 key points from it.



3) Choose a sport or activity and write out the rules for that sport, explain each one. (E.g Football- offside)



## Mains:

1) Illustrate a step by step guide on how to start a warm up before participating in a physical activity.

2) Write a poem on a sport you have played or watched.



3) Write a journalistic piece on your favourite sports Icon. Include a background profile on the individual and why you have chosen them.

4) Write a report on what will happen if you play sports without a proper warm up/stretch.

## Desserts:

1) Produce an e-brochure promoting your favourite Olympic event. Include pictures, artwork and videos.

2) Watch a sports documentary and write a detailed review about your thoughts on it.



3) Create a piece of artwork on your favourite sport or sporting moment.

Knowledge  
Comprehension

Application

Create

# TAKEAWAY HOMEWORK

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# EXPRESS

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## Scientific Starters

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A spicy selection of **knowledge and comprehension** starters to wet your appetite!

**Mixed Science Platter** .....  
Watch a scientific documentary or show and write down 5 scientific terms you hear and their definition.

**Speech Cocktail** .....  
*Find a scientific article and write 5 key points from it.*

**Spicy Baked Numbers** .....  
*Which numbers are important in science? Find a number which has significance in science and explain why or how? (E.g. the boiling point of water is 100 degrees)*

**Photo Phuey** .....  
*Take a photo of a living organism, describe 3 of one of the 7 life processes.*

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## How to order

Choose your homework task from the menu.  
The starters require your knowledge and comprehension skills.

The main courses require you to apply and analyse your scientific knowledge in different ways.

The desserts are designed for you to get creative with your scientific knowledge.

When you have completed a task email or hand it in to me to gain a merit.

## Yr7 AI Risalah Extended Science Menu

### Main courses

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Hit your homework hunger hard with this mouth-watering selection of **application and analysis** courses!

**Spicy Storyboard Supreme** .....  
*Illustrate a guide on science safety, what to do and not to do in the lab. The guide should show different scenarios of things which should not happen (e.g. no goggles worn) and one with the correct situation (e.g. goggles worn).*

**Hero Platter** .....  
*Choose any animal you like or can think of and compare them to a superhero, what adaptations do they have? why are they super hero like? How do they compare to your chosen superhero?*

**Spicy Song Sauce** .....  
*Experiment with writing a song or a poem inspired by any topic you have covered in Science this year.*

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## Desserts

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Still hungry? Choose a **creative** dessert from our best sellers!

**Mixed Media Sundae** .....  
*Create a presentation on your favourite topic that you have learnt so far. It should include images, videos and sounds.*

**Creative Crumble** .....  
*Create a storyboard/comic for a step by step process of lab safety, include everything that you need to do to prepare for an experiment.*

**Easy Bake Science Cake** .....  
*Bake a cake inspired by a topic covered in Science this term! One of the tastiest dishes on the Takeaway Menu! What better way to evaluate your understanding of a key topic than designing a themed cake for your classmates to enjoy! The only edible entry on the menu!*



# Executive Principal's Extended Learning Menu Y7 2021-2

... choose what you want & when you want! Choose your challenge level! Complete all Menus for your Extended learning Badge!

## Starters Menu

1. Make a list of 10 ways to stay safe online. You can write this list out on your school email and send it to your computer science teacher. 
2. Go and speak with our School Librarian. Ask for a 'challenging' book to read. Write a review of the book. You can use the template in your Homework Planner.  
3. Write out 20 words of your choice in Arabic (but none of them have been given to you at school). Learn them. Draw a picture next to each one. Go to your Arabic teacher . If they agree that you have done a good job and learnt how to say the words, they will give you a merit. 
4. Memorise 35 Surahs, starting with Surah Nas. Recite them to your Islamic Studies teacher. If they agree you have learnt them. You'll receive a merit. 

### How are you learning here?

You are using skills of knowledge and comprehension. These are basic skills which we must all practice. Before we can fully understand something, we must first have knowledge of it.

## Main Dish Menu

1. Design an anti- bullying poster. It must be designed on your computer. It must have ONE clear idea / message. Spelling must be perfect. It must look professional. 
2. Help a family member prepare dinner. Your family member must write in your Homework planner that you have helped prepare dinner. They must say what you did and they must agree that you did a good job. 
3. Write a short essay describing a healthy lifestyle; how to be healthy and the benefits of a healthy lifestyle. No more than 1000 words and no less than 500. Perfect grammar and spelling. 

### How are you learning here?

You are learning and practising skills of applying previously acquired knowledge and understanding.

## Desserts Menu



1. Raise £100 for a UK Charity by yourself. You must research a good charity to support. Decide how you will fundraise (outside of school). You can't ask for money. You have to do something. Keep a personal diary of what you did. You can include photographs. The charity must have a UK registration number.
2. Write out a Spoken Word piece of poetry based on an anti-discrimination theme. Practice it until you are perfect. It must be at least 1 minute long but not longer than 3 minutes. Ask your English teacher / PSHE teacher / Islamic Studies teacher if you can perform it. If they think you have done a good job, they will give you a merit.
3. Create a piece of art around a theme of your choice. Write a paragraph explaining what your art is about and why you decided to explore this theme. Take it to your art teacher. If she thinks you have done a good job, she'll give you a merit.

### How are you learning here?

You are learning skills of creating and actualisation. This is when you put all your prior learning to use in one final push for the summit. You show your resilience, determination and creativity at this point. You are developing yourself into an independent learner.